

## Journey Map Instructions

**What:** A journey map is a visualization of a person's particular experience. Journey maps are helpful because they provide insight in understanding successes and challenges in a program, which lead to opportunities for improvement.

**Goal:** To identify major milestones during your teacher credential program. To tell your story of what it was like to experience that milestone. To share how you felt about the particular milestone you identified and experienced.

**Process:**

- Reflect on the major milestones you experienced. What happened in the beginning, middle, and end that count as significant change in your lived experience?
- Brainstorm a list of all the events that count as major milestones to you.
- Write the name of your milestone on the journey map sheet in chronological order, you may even indicate month in the program or semester to help tell your story.
- For each milestone add a few details to describe/explain in your own words how this was a change and most importantly indicate how you felt about this change:
  - Was it a moment of frustration, confusion, sadness, anger? If so, add your description on the side with the upside down smiley face.
  - Was it a moment of joy, delight, or happiness? If so, add your description on the side with the upside smiley face.
  - Life is messy... it is possible that one major milestone may have aspects to it that were both frustrating and exciting/fun. You can then put descriptions on both sides.
- Once you are done, pair up and share out. What milestones do you share in common? What milestones are different? Did you feel the same way about them? How so or how not?

Examples of milestones: Application process, application submission, Admission interviews, Acceptance to residency, Residency orientation, Meeting your mentor, Becoming part of the PLC, Starting different coursework, Beginning or Completing assignments, Being observed and having debriefing conversations, Co-teaching, Working with students, Working with mentors, Taking an exam, Completing the SVP and other FAST assessments, Meeting the TPEs, etc.

Note: Could also explore the questions...

1. Tell a story about a negative experience during your teaching credential program? What happened? Where were you? Who was there?
2. Tell a story about a positive experience during your teaching credential program. What happened? Where were you? Who was there?

**Materials:**

- Blank Journey Map [Downloadable Template](#) and [Google Slides Template](#) (please keep this the same for all sections)
- A [Presentation Overview of Journey Map Activity - what and how](#)
- [Example](#) of completed journey maps