

Sergio Pereyra, Ph.D., LMFTA

Professional Vita

Licensed Marriage and Family Therapist Associate
 Assistant Professor of Counselor Education
 Department of Counselor Education and Rehabilitation
 Kremen School of Education and Human Development
 California State University, Fresno
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EDUCATION

Ph.D., Marriage and Family Therapy, Brigham Young University, 2016
 Academic Advisor: Roy A. Bean, Ph.D., *Predicting Externalizing Behaviors in Latino Adolescents Using Parenting and Educational Factors*- Doctoral Dissertation

M. S., Marriage and Family Therapy, Brigham Young University, 2012
 Academic Advisor: Jonathan G. Sandberg, Ph.D., *A Comparison of the Effects of Negative Communication and Spirituality on Relationship Quality Among Different Groups of Latino and Anglo Couples*- Master's Thesis

B.S., Psychology, Brigham Young University, 2009.

RESEARCH INTERESTS

Culturally informative marriage and family therapy (especially for the Spanish-speaking population), relationship quality of Latino couples, communication in Latino couples, spirituality/ religiosity in couple and Latino family functioning, attachment in Latino couples, culturally informed parenting training for Latino families, clinical outcomes among Spanish-speaking clients, substance abuse prevention in Latino adolescents, improving academic outcomes among Latino children and adolescents, and improving parent-child and couple relationships in Latino families

FIVE YEAR RESEARCH PLAN

Start process of a data collection project of a longitudinal sample of Latino Families including information on the marital relationship, parent-child relationship, parenting practices, culturally relevant factors of family functioning, acculturation, socialization behavioral factors for family members, and individual psychopathology, collect and analyze clinical data influencing success of Spanish-speaking clients, work on English-Spanish dictionary for bilingual clinicians, create an empirically supported and culturally informative parenting program, and submit at least five articles out of my areas of interest for publication

RESEARCH PROJECTS

Published Journal Articles/Book Chapters

- Pereyra, S. B., Sandberg, J. G., Bean, R. A., & Busby, D. (2015). The Effects of Spirituality on Relationship Quality Among Different Groups of Latino and Anglo Couples Mediated by Negative Communication. *American Journal of Family Therapy*, 43, 480–493.
- Pereyra, S. B. & Bean, R.A. (2017). Latino Adolescent Substance Use: A Mediating Model of Inter-parental Conflict, Deviant Peer Associations, and Parenting. *Children and Youth Services Review*, 76, 154-162.

Journal Articles in Preparation

- Pereyra, S. B. & Bean, R. A. (Work in progress). *Predicting Externalizing Behaviors in Latino Adolescents Through Parenting and Education*.
- Pereyra, S. B., Bean R. A., Andrade Gonzalez, M. M. (Work in Progress). *The Effects of Parenting, the Student-Teacher Relationship, and Academic Achievement on Externalizing Behavior Among Latino Adolescents*.
- Bean, R. A. & Pereyra, S. B. (Work in progress). *Status and Quality of Spanish Translations of the Most Widely Used Measures in the Social Sciences: A Brief Report*.
- Pereyra, S. B. & Bean, R A. (Work in progress). *Treatment Outcomes Among Spanish-speaking Clients: An exploratory Study*.

PROFESSIONAL PRESENTATIONS

- Pereyra, S. B. (2017, August). *Principios de un Matrimonio Exitoso* (Principles of a Successful Marriage). Presentation for Spanish-speaking couples in a Christian congregation in Madera California, Madera, CA.
- Pereyra, S. B. (2014, September). *Como Hablar de las Drogas y el Sexo Con Sus Hijos* (How to Talk to Your Children About Drugs and Sex). Presentation for Spanish-speaking parents at the Utah Department of Public Health, Provo, UT.
- Pereyra, S. B. (2014, August). *Como Fijar Limites y Disciplinar a Sus Hijos Eficazmente* (How to Set Limits and Discipline Your Children Effectively). Presentation for Spanish-speaking parents at the Utah Department of Public Health, Provo, UT.
- Pereyra, S. B. (2014, April). *Como Nutrir a Sus Hijos Con Amor* (How to Nurture Your Children With Love). Presentation for Spanish-speaking parents at the Utah Department of Public Health, Provo, UT.

- Pereyra, S. B., Kimball, T., & Bean, R. A., (2013). *Latino Youth Substance Youth Treatment*. A workshop presented at the 2013 Annual Conference of the American Association for Marriage and Family Therapy (AAMFT). October, 2013, Portland, OR.
- Pereyra, S. B. (2013). *Parenting in Latino families: Effects of Sexual Addiction and Culture on Parenting*. A workshop presented at the 2013 Annual Spring Conference of the American Association for Marriage and Family Therapy, Utah Division (UAMFT). May, 2013, Sandy, UT.
- Pereyra, S. B. (2013). *Como Mejorar su Matrimonio (How to Improve your Marriage)*. Presentation at Provo Peak 8th Spanish Ward, Provo, UT.
- Pereyra, S. B. (2013). *Oppositional Defiant Disorder (ODD) in Latino Families: Cultural Implications in Assessment, Diagnosis and Treatment*. Presentation given at Argosy University, Draper, UT.
- Pereyra, S. B. (2013). *Como Mejorar la Crianza de sus Hijos (Improving parenting skills)*. Presentation for Spanish-speaking parents at the Utah Department of Public Health, Provo, UT.
- Pereyra, S. B. (2013). *“Un Matrimonio feliz?” Predicting Adolescent Substance Use: A comparative study*. A research project presented at the Minority Fellowship Program’s Winter Training Institute, February 2013, Arlington, VA.
- Pereyra, S. B. (2013). *Mejorando su Matrimonio (Improving your Marriage)*. Presentation at Bonneville 3rd Spanish Ward, Provo, UT.
- Barley, D. & Pereyra, S. B. (2013). *Basic Parenting Skills for ESL Parents*. Presentation for parents with English as a second language (ESL) for the English Literacy Program of the Alpine School District. Orem, UT.
- Pereyra, S. B. (2013). *Pornography and Masturbation: Treatment for a Behavioral Addiction*. Presentation for Intake workers at the BYU Comprehensive Clinic, Provo, UT.
- Pereyra, S. B. (2013). *Relaciones Familiares y de Matrimonios (Family and Marital Relationships)*. Presentation at Lakeridge 1st Spanish Ward, Orem, UT.
- Pereyra, S. B. (2012). *Factors Related to Relationship Satisfaction For Latinas*. A poster presented at the 2012 annual conference of the American Association for Marriage and Family Therapy, September 2012, Charlotte, NC with Jonathan G. Sandberg & Roy A. Bean.
- Pereyra, S. B. (2012). *Latino Adolescent Substance Use: An Updated Treatment Model*. Presentation at Brigham Young University, Provo, UT.

Pereyra, S. B. (2012). *The Fundamentals of Couples Therapy*. Presentation for Intake Workers at the BYU Comprehensive Clinic, Provo, UT.

Pereyra, S. B. (2012). *Adolescent-Family Relationships and Resources for Mental Health Services*. Presentation for Latino Adolescents in the “Adelante” program of Centro Hispano, Provo, UT.

Pereyra, S. B. (2012). *Cultivando el Optimismo* (Cultivating Optimism). Presentation for Spanish-speaking families at the Utah Department of Public Health, Provo, UT.

Pereyra, S. B. (2012). *La Comunicación y Como Mejorar la Intimidad Después de los Niños* (Couple Communication and How to Improve Your Intimacy After Childbearing). Presentation at Lehi 33rd Spanish Ward, Lehi, UT.

Pereyra, S. B. (2011). *Predictors of Relationship Satisfaction in Latino Couples*. A poster submitted to the 2011 annual conference of the American Association for Marriage and Family Therapy, September 2012, Fort Worth, TX with Jonathan G. Sandberg

CULTURALLY INFORMATIVE WORK

Pereyra, S.B. (2013). Spanish Translation of the B.A.R.E. (Couple Attachment Measure) for a research project, Brigham Young University, Provo, UT.

Pereyra, S. B. (2013). Revision of the Clinic Consent Form for the Comprehensive Clinic’s professional use, Brigham Young University, Provo, UT.

Pereyra, S. B. (2012). Revision of the Spanish Translation of the Psychological Assessment Intake Script for the Comprehensive Clinic’s professional use, Brigham Young University, Provo, UT.

Pereyra, S. B. (2012). Revision of the Spanish Translation of the Group Intake Script for the Comprehensive Clinic’s professional use, Brigham Young University, Provo, UT.

Pereyra, S. B. (2012). Spanish Translation of the Triage Assessment Script for the Comprehensive Clinic’s professional use, Brigham Young University, Provo, UT.

Pereyra, S. B. (2012). Revision of the Spanish Translation of Treatment Referral Script for the Comprehensive Clinic’s professional use, Brigham Young University, Provo, UT.

Pereyra, S. B. (2012). Spanish Translation of the Client “No Show” Letter for the Comprehensive Clinic’s professional use, Brigham Young University, Provo, UT.

Pereyra, S. B. (2012). Revision of the Spanish Translation of the Intake Screening Questions for the Comprehensive Clinic’s professional use, Brigham Young University, Provo, UT.

Pereyra, S. B. (2011). Spanish Translation of the Revised Dyadic Adjustment Scale (RDAS) for the Comprehensive Clinic's professional use, Brigham Young University, Provo, UT.

INSTRUCTOR EXPERIENCE

Assistant Professor

California State University, Fresno, Department of Counselor Education and Rehabilitation, 2016- present

Responsibilities include: Instructor of four courses: Multicultural Counseling, Field Placement (clinical supervision), Seminar in Counseling Techniques, Seminar in Consultation; active researcher; program advisor; committee member of various service organizations at the department level, program level, school level and university level; and active collaborator and consult in the Fresno community

MFT 654 Co-Instructor of Record

Brigham Young University, MFT 654: Gender and Ethnicity in Marriage and Family Therapy, 2015- present

Responsibilities include: Co-creation of the class syllabus, grading and entering grades in the official BYU grading system, teaching and presenting material in the class, facilitating various experiential learning activities, managing the digital dialog (meant to implement the learning process in between class periods), keeping track of class participation points, and coordinating class content through weekly meetings with co-instructor

Beginning Practicum Co-facilitator

Brigham Young University, MFT 655R: Intermediate Practicum in Marriage and Family Therapy, 2014- 2015

Responsibilities include: Helping first-year master's students learn and understand essential therapy skills in class before engaging in clinical practice, facilitating a skills practice group among students, helping clarify doubts of students pertaining to clinical concepts, demonstrating therapy skills for and with students

MFT 653 Teaching Assistant

Brigham Young University, MFT 653: Family Psychotherapy, 2014- 2015

Responsibilities include: Collaborating with professor in the creation of course material and assignments, co-teaching material, facilitating role plays and experiential learning

MFT 654 Teaching Assistant

Brigham Young University, MFT 654: Gender and Ethnicity in Marriage and Family Therapy, 2012 – 2013

Responsibilities include: Grading numerous assignments and papers of graduate students in master's program as instructed by professor and staying current with course material.

SFL 334 Teaching Assistant

Brigham Young University, SFL 334: Adult Development & Aging in the Family, 2010 – 2011

Responsibilities include: Grading experimental papers, reflective papers, short writing assignments, and quizzes, entering grades in a spreadsheet, and staying current with course material.

LICENSURE

Licensed Associate Marriage and Family Therapist, Utah # 6353093-3904

Registered Marriage and Family Therapist Intern, California # 98572

CLINICAL EXPERIENCE

Marriage and Family Therapist Intern

Roubicek & Thacker, Fresno CA, 2017- Present.

Responsibilities include: Providing psychotherapy to couples, families and individuals, helping people cope with problems, find solutions, and improve relationships, teaching people principles of mental health and healthy relationships, effectively managing numerous cases (case notes, scheduling, correspondence, etc.). Facilitate parenting groups, treat food addictions through the Lifestyle Transformation program (group therapy). Offer all psychotherapy services in Spanish.

Marriage and Family Therapist Intern

Alliance Behavioral Psychology, Orem UT, 2014- 2016.

Responsibilities include: Providing psychotherapy to couples, families and individuals, helping people cope with problems, find solutions, and improve relationships, teaching people principles of mental health and healthy relationships, effectively managing numerous cases (case notes, scheduling, correspondence, etc.). Provide and record diagnoses for insurance purposes. Approximately 20% of my clinical work at this cite has been with Spanish-speaking clients

Graduate Intern Advisor

Multicultural Student Services, Brigham Young University, 2014- 2016.

Responsibilities include: Advising assigned students through regular meetings and communications, assisting students in developing balanced academic schedules and selecting classes, explaining and reviewing University Core requirements, helping students identify resources for exploring and determining a major, helping students develop graduation plans incorporating their major and minor choice, mentoring students on Academic Warning, Probation and Suspension, referring students to campus resources effectively, identifying resources to assist students in solving problems or completing necessary tasks, advocating on behalf of the student when appropriate, assessing student progress and student learning, documenting interactions with students using established software programs, tracking student progress, generating reports, assessing students' qualifications for scholarships, assisting with assigned SOAR (Summer of Academic Refinement) responsibilities, assisting SOAR students with the BYU admissions and scholarship process, completing special assignments, research, assessment and other programmatic related projects as assigned, developing advisement support materials.

AAMFT Clinical Supervisor

Marriage and Family Therapy Program, Brigham Young University, 2014- present.
 Responsibilities include: Co-facilitating of Spanish supervision for bilingual therapists, providing clinical supervision for two master's students for at least 9 months, providing live supervision, video supervision and case consultation to beginning level therapists, shadowing a clinical practicum and providing any assistance to the professor as needed.

Marriage and Family Therapist Intern

Marriage and Family Therapy Program, Brigham Young University, 2010- 2014.
 Responsibilities include: Providing psychotherapy to couples, families and individuals, helping people cope with problems, find solutions, and improve relationships, teaching people principles of mental health and healthy relationships, effectively managing numerous cases (case notes, scheduling, correspondence, etc.). Approximately 40% of my clinical work has been with Spanish-speaking clients.

Intake Worker

Brigham Young University's Comprehensive Clinic, 2012- 2013.
 Responsibilities include: Conducting phone interviews with potential clients for the comprehensive clinic, screening for excluding criteria, creating intake documents for case management, conducting interviews, screening and creating intake documents for Spanish-speaking cases, coordinating schedules and meetings with other intake workers and the clinic director, improving quality of services at the comprehensive clinic with research, surveys and discussion in meetings, translating of intake documents and professional clinical documents into Spanish, improving quality of existing Spanish translations of intake documents and professional clinical documents.

Parenting Group Facilitator

Brigham Young University's Comprehensive Clinic, 2013
 Responsibilities include: Running the second Spanish-speaking process/ psycho-education group in BYU history, creating a culturally informative program, preparing material for the parenting group for Spanish-speaking couples, teaching effective parenting principles to Spanish-speaking couples, and promoting a safe environment for personal disclosure and support.

Marital Enhancement Group Facilitator

Brigham Young University's Comprehensive Clinic, 2011 – 2012
 Responsibilities include: Running the first Spanish-speaking process/ psycho-education couples group in BYU history, creating a culturally informative program, preparing material for the marital enhancement group for Spanish-speaking couples, teaching marital enhancement principles to Spanish-speaking couples, and promoting a safe environment for personal disclosure and support.

Team Coach, Investment Program

Provo Canyon School, Youth Treatment Facility, 2007- 2010.
 Responsibilities included: Coordinating treatment needs with therapists, attending personal progress meetings, monitoring youth patients in the investment program,

keeping track of patients' medication schedule & help administering, implementing disciplinary actions when necessary.

COMPETITIVE SCHOLARSHIPS & AWARDS

Research, Scholarship and Creative Activities Award, California State University, Fresno, amount \$2383.67

School of Family Life Grant, Brigham Young University, 2016-2017, amount \$5,000

Graduate Studies Research Grant, Brigham Young University, 2014- 2015, amount- \$10,000

Blaine R. Porter Academic Scholarship, Brigham Young University, 2014 – 2015

SAMHSA Minority Fellowship Program Award, American Association of Marriage and Family Therapy (AAMFT), 2013 – 2014. One out of twenty five fellows awarded.

SAMHSA Minority Fellowship Program Award, American Association of Marriage and Family Therapy (AAMFT), 2012 – 2013. One out of twenty one fellowships awarded.

Minority Fellow Leadership Award, all expenses paid for AAMFT 2013 Leadership Conference, Arlington, VA. One out of two students chosen from twenty one fellows.

Robert F. & Kathleen C. Stahmann Scholarship, Brigham Young University, 2011 – 2012

Richard & Jean Holmes Scholarship, Brigham Young University, 2010- 2011

Dean of Students Enriched Environment Award, Brigham Young University, 2008-2009

Academic Scholarship, Brigham Young University, 2007 - 2009

Robert K Franklin Award, Brigham Young University, 2007 - 2009

American Indians Services Award, Community Program, 2006

Multicultural Student Scholarship, Brigham Young University, 2000-2001; 2006 – 2009

PROFESSIONAL INVOLVEMENT

International Education Committee, Kremen School of Education, California State University, Fresno, 2016 – present

Graduate Writing Requirement Committee, Counselor Education Program, California State University, Fresno, 2016 – present

Graduate student member of the BYU Latino Initiative Committee, 2013 – 2016

Council Member, Utah Parent Advisory Council, National Alliance of Children's Trust and Prevention, 2014 – 2016

Parenting Workshop Instructor for Spanish-speaking parents, Welcome Baby Program, Utah Department of Public Health, 2013- 2016

Graduate Student Member, National Hispanic Science Network (NHSN), 2012 – 2016

Minority Fellow, American Association of Marriage and Family Therapy (AAMFT), 2012 – 2014

“Enactment” Research Study Therapist, BYU Comprehensive Clinic, 2011 – 2013
Supervisor: Mark H. Butler, Ph. D.

Pre-Clinical Fellow, American Association for Marriage and Family Therapy (AAMFT), 2010 - present

Pre-Clinical Fellow, Utah Association for Marriage and Family Therapy (UAMFT), 2010 – 2016

Pre-Clinical Fellow, California Association for Marriage and Family Therapy (California Division of AAMFT), 2010 – present

LEADERSHIP & SERVICE

Volunteer, Mental Health Screening Assessments for Spanish-speaking community, Centro Hispano (Social Services), 2012

Volunteer, Mental Health Resources in the Community, BYU Comprehensive Clinic booth, 2012

Volunteer, Mental Health Awareness in Spanish-speaking community, BYU Comprehensive Clinic booth, 2011

Academic Mentor, Multicultural Student Mentorship of Orem High School, in alliance with Latinos In Action (LIA), 2011

Member of Living Legends (Cultural Performing Group), School of Music, Brigham Young University, 2006 - 2009
Student President of Living Legends, 2008 – 2009

SKILLS

Languages Speak, Read and Write Spanish (& English) fluently

Public Speaking Experience giving many different types of public and professional presentations in various venues

Computers Proficient with Windows XP, Vista, and Windows 7. Ability to efficiently use SPSS, AMOS 5, Mplus, Microsoft Excel, Microsoft Office, and Microsoft Powerpoint

CONTACT INFORMATION

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